

## Exhibit 2

# New Age Medicine

## *Altered States of Consciousness*

*Definition:* The deliberate cultivation of abnormal states of consciousness (states not normally experienced apart from a specific technique or program to develop them).

*Founder:* Unknown

*How Does it Claim to Work?:* Proponents claim that altered states allegedly produce a "higher" state of consciousness or "being," including dramatic revelations and a positive restructuring of the participant's world view.

*Scientific Evaluation:* Science cannot evaluate subjective claims concerning a particular state of consciousness. Scientific research in this area is a mixture of investigating normal, marginally altered consciousness (e.g., dreams), and occultic and parapsychological exploration of mystical, occultic states.

*Occultic Potential:* Spirit contact, psychic transformation.

*Major Problem:* Occultic associations.

*Biblical/Christian Evaluation:* Forbidden on the basis of occultic associations.

*Potential Dangers:* [Apparent "mental" illness](#); occult bondage; spirit possession.